NY/

AIKIDO SCHOOLS OF UESHIBA and AIKIDO OF MAINE invite you to a special seminar

October 18th-20th, 2024

taught by

Bill Gleason Sensei



Tres Hofmeister Sensei



"Aiki" in Aikido

"Aikido teaches a simple secret: The development of a better life is dependent on bettering yourself." —MITSUGI SAOTOME SHIHAN



Cost: \$200 for all or part of seminar ◆ Preregistration Required Visit <u>www.aikidoofmaine.com</u> for full details and registration. 226 Anderson Street ◆ Portland, Maine 04101 ◆ <u>info@aikidoofmaine.com</u>

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